

PART 7: Who's Got Your Ear

DATE: 08-18-2024

START

As different voices speak into our lives, it can be easy to lend our ear to those voices. The voices of the world will often lead us astray, but the voice of God will continually lead us down the right path.

- When have you leant your ear to the voices of this world?
- When you listened to these voices, how did it impact your life?

READ

[Psalm 43:5](#)

Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

THINK

When our souls are downcast and disturbed, we must lean into God and put our hope in Him. Even in our disturbance we can trust God, praise Him, and recognize Him as savior. To do this we must make time for rest in our lives to rejuvenate our soul and actively wait on God with patience.

- How does rest revive our soul?
- How are you making time for rest?
- What are you waiting on God to do in your life?

PRAY

Jesus, when my soul is downcast, help me make time for rest. Allow me to rest in your presence and actively wait on you.

ACT

This week, make some intentional time for rest and spend time waiting on God.