

PART 5: Essential Habits

DATE: 01-30-2022

START

We all have habits in life. Some good and some bad. Our habits ultimately form us into the person that we are. They form the things we believe and the personality that we display.

- What habits have shaped you as a person?
- What are some negative habits that you would like to stop?
- What positive habits do you have that help grow your faith?

READ

[Matthew 6:24](#) (NIV)

“No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money.”

THINK

Motivation plays an important part when we give, spend time in prayer, fast, or whatever habit we are involved in regarding our faith. We can be motivated by self-glory, that people will think highly of us. We can also be motivated by God receiving glory. The latter is the motivation we should be seeking?

- What is your motivation behind your spiritual habits?
- How does God receive glory when we practice spiritual habits?

When Jesus talks about money and our time, He is addressing two aspects of our lives that we can let control us. Not only can they control us, but we can begin to look to money and time over God for our security, worth, and trust.

- How has time and/or money replaced God in your life?
- How can you trust God with your money and time?

PRAY

“God, I know there are a lot of things in this world that promise me security. Time and money are two of the biggest stealers of your glory. Help me to trust you with my money and my time. Help your glory be the motivation behind my faith habits.”

ACT

This week, be intentional about how you spend your time and money. Look at what expenses and events you have going on over the next week. Determine where God can the best of you this week.

[Discover Hope](#) | [Next Step](#) | [Serve](#)



ONE CHURCH. RIGHT WHERE YOU ARE.