



DISCUSSION GUIDE

PART 1: Danger Sign

DATE: 02-04-2024

START

What we say matters. Not only does what we say matter, how we say what we say matters. The words we speak have immense power to encourage and they also have immense power to be destructive.

- Share about a time when your words have got you in trouble.
- How much thought do you put into the words that come out of your mouth?
- How can you better pay attention to the words you use?

READ

[James 3:9-10](#) (NIV)

“With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God’s likeness. Out of the same mouth come praise and cursing. My brothers and sisters, this should not be.”

THINK

With the average person speaking roughly 16,000 words per day, we are bound to say something that hurts others. It’s important to know that the words we say, and how we say them, are a reflection of our thoughts and feelings.

- When have you caught yourself praising God with your words and then turning around just to hurt someone?
- How do our words reflect our thoughts and feelings?
- How can you use your words this week to encourage others?

PRAY

Jesus, help me to use my words to build others up and not tear them down. Give me wisdom before I use my words, and help me to reflect on the words I’m using and how I use them.

ACT

This week, when confronted with a situation where you might say something you’ll regret, pause and think about the words you want to say and how you will say them.