



DISCUSSION GUIDE

PART 2: Reflect VS Deflect

DATE: 02-20-2022

START

As we navigate relationships there are bound to be times when gaps are formed. These gaps could be physical. Maybe we set boundaries in a relationship that limited physical contact. Most likely these gaps are emotional or mental. Someone said something that created a gap. Someone did something that created a gap. Because of these actions the gap has caused tension in the relationship.

- Have you ever been the cause of a gap in a relationship?
- What relationship gap do you currently have in your life that you need to address?
- How can you begin to close the gap in the relationship?

READ

[1 Samuel 24:12](#) (NIV)

“May the Lord judge between you and me. And may the Lord avenge the wrongs you have done to me, but my hand will not touch you.”

THINK

When we allow the gaps in our relationship to widen it can cause jealousy, manipulation, and deceit to creep into our lives and continue to further poison the relationship. This is what happened to Saul and David, and it almost led to them killing one another.

- When have you let a gap in a relationship widen?
- What were the negative consequences of allowing the gap to widen?

David decided to let God judge between him and Saul. Although David could have taken matters into his own hands he decided to let God take control. He chose to do what was right instead of trying to be right. He leaned into God's presence and chose to love his enemy and close the gap.

- What feelings arise within you when you hear we are to love our enemies?
- What situation do you need to let God take control of?
- How can you lean into God's presence in order to seek what is right in a relationship?

PRAY

“God, help me to be aware of the gaps that have been created in my relationships. Both the gaps that others have created and the gaps that I have created. Allow me to lean into your presence so that I might close the gap through your wisdom.”

ACT

This week, if there is a gap you need to close in a relationship take some practical steps to close it.

[Discover Hope](#) | [Next Step](#) | [Serve](#)



ONE CHURCH. RIGHT WHERE YOU ARE.