

### PART 4: Contentment

DATE: 11-20-2022

#### START

Contentment is the state of being satisfied; ease of mind. Even though we receive God's grace and blessing we can be tempted to become jealous of what others have. Jealousy creates a restless mind and dissatisfied spirit, and then, contentment eludes us.

- How are you satisfied with what you have?
- When have you been jealous of what others have?
- How are you practicing contentment in your life?

#### READ

[1 Timothy 6:6-8](#) (NIV)

“But godliness with contentment is great gain. For we brought nothing into the world, and we can take nothing out of it. But if we have food and clothing, we will be content with that.”

#### THINK

Godliness plus contentment equals great gain! Oftentimes we focus on just one of these areas. We either focus on godliness or contentment. Paul challenges us to focus on both areas because it is a great gain.

- Do you tend to focus more on godliness or contentment?
- How does godliness and contentment combine for great gain in your life?

“Remember, a generous life is a better life because generosity cultivates contentment, and contentment tempers our ambition and focuses our attention on a more perfect pursuit.” -Joshua Becker

- How does living a generous life cultivate contentment?
- Where do you need to temper your ambition?
- How can we encourage one another to be generous?

#### PRAY

“God, help me cultivate contentment in my life. Grow in me a generous heart that tempers my ambition and help me pursue a more perfect goal, which is you.”

#### ACT

This week, take a step into contentment. Maybe it's reflecting on what you already possess. Maybe it's taking a step in living a generous life, or maybe it's taking control of your finances by signing up for Financial Peace University.

[Discover Hope](#) | [Next Step](#) | [Top 3](#)