

PART 2: Serve Selflessly

DATE: 04-14-2024

START

Any relationship can quickly become a competition whether we intentionally or unintentionally turn it into one or not. We can compete when we accuse the other of not doing enough, by completing more tasks than the other, and by saying “I always take the initiative”. Competition will lead to rivalry and rivalry will lead to resentment. Competition usually manifests from unspoken expectations.

- Where have you unintentionally created competition in your relationships?
- How can competition lead to rivalry and resentment?
- What were or are some unspoken expectations you have in your relationships?

READ

[Ephesians 5:21](#)

“Submit to one another out of reverence for Christ.”

THINK

Paul challenges us to submit to one another. This is a mutual submission displayed uniquely by individuals. Our relationships are designed to reflect the submission the church has to Jesus and the love that Jesus has for the church. This mutual submission is rooted in selflessly serving the other.

- What do you feel when you are told to submit?
- What does mutual submission look like in your relationships?
- How do you serve one another in your relationships?
- How would more service and submission help you in your relationships?

PRAY

Jesus, help me submit myself to you and to love the way that you love. Help me to out-serve those I'm in a relationship with to bring you glory.

ACT

This week, talk about some expectations that are unmet in your relationships. Discern together if those expectations are realistic or unrealistic, and work on serving those that you are in a relationship with.