

**PART 4: Selfless Serving**

**DATE: 01-23-2022**

## START

In the middle of the trials we face there can be many things that run through our minds. Thoughts of needing to rest, to set boundaries, ideas on how to solve the problem, or a number of other things. What if our first thought was to serve others. It seems counter intuitive. I need help, so I should help others. But by serving others we are able to grow our faith.

- What's the first thought that enters your mind when facing a trial?
- In the middle of a trial what is the last thing you want to do?
- How can serving others help you during your trials?

## READ

[Matthew 14:13-14](#) (NIV)

“When Jesus heard what had happened, he withdrew by boat privately to a solitary place. Hearing of this, the crowds followed him on foot from the towns. When Jesus landed and saw a large crowd, he had compassion on them and healed their sick.”

## THINK

When we gather as a church it can be tempting to just take what we need to help with our trials. While that is an important part of gathering to have the support of the community; if we all just take then no one can give. It takes both receiving and serving for the church to thrive.

- What is your motive for gathering with the church?
- Do you find yourself taking more than giving at church?
- How can you give back even in times of trials in your life?

When we empty ourselves we come expecting God to continue to fill us back up. God does this when we spend time with Him in prayer and scripture and through other people. We can be confident that when we serve He is also filling us up as we show love to other people.

- Where do you feel empty in your life at the moment?
- How are you intentionally spending time with God and others to fill you back up?
- How can you serve and love people at your church gathering?

## PRAY

“God, when I face trials help me lean into and love others well. I know serving can be the last thing on my mind during a trial, but even in the trials you served. Help me reflect who you are and what you modeled.”

## ACT

This week, if you are not serving within the church, take a step and inquire about serving somewhere. Church isn't the only place you can serve, but it is an easy step that can initiate a habit of serving.

[Discover Hope](#) | [Next Step](#) | [Serve](#)



**ONE CHURCH. RIGHT WHERE YOU ARE.**