



DISCUSSION GUIDE

PART 1: Grasp a New Image

DATE: 08-15-2021

START

There are many thoughtrend the list can go on. Whether you think of childhood prayers, prayers during hard times, or prayers during moments of extreme joy, we know that prayer is this beautiful gift we have from God to come before him in all of vulnerability.

- What childhood prayer do you remember?
- How would you describe your prayer life?
- Do you currently pray now? Why or why not?

READ

[Matthew 6:6](#) (NIV)

But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.

THINK

Jesus gives a framework on how to pray in what we call “the Lord’s Prayer.” Jesus challenges us to be intentional, focused, and direct in our prayers. There is no need to find eloquent words to impress those around us. We just need to simply find some intentional time that we are focused on God to have a direct conversation with Him.

- How can you make intentional time to pray?
- What distractions do you need to shut out in order to focus during your prayers?
- When do you find it difficult to be direct with God?

For some, the term father can be a difficult way for us to describe God. Maybe you had/have a strained relationship with your father, or no relationship at all. This can be difficult because the image of our earthly father impacts our image of our heavenly father.

- How would you describe your relationship with your father?
- How has your image of your earthly father impacted your image of your heavenly father?
- How can you be certain that God can help you grasp a new image of Him as father?

PRAY

“God, help me to craft intentional time to pray. Time where I can focus and be direct. Shape my image of a father based upon your image revealed through your word and actions.”

ACT

This week, take some time to spend in prayer by utilizing the Rooted [prayer guide](#).

[Discover Hope](#) | [Next Step](#)



ONE CHURCH. RIGHT WHERE YOU ARE.