

PART 2: Eating From the Bowl of Now DATE: 10-10-2021

START

We have all let the impulse of the “now” overcome us. Whether it was an experience you had to experience, a purchase you had to buy, or something else. We often fold to the urgent and the “now”, and we can often be overcome with regret from giving into that impulse.

- What is one impulse purchase you have made and later regretted?
- Why do you think we feel the pressure to give into the “now”?

READ

[Genesis 25:29-34](#) (NIV)

Once when Jacob was cooking some stew, Esau came in from the open country, famished. He said to Jacob, “Quick, let me have some of that red stew! I’m famished!”... Jacob replied, “First sell me your birthright.” “Look, I am about to die,” Esau said. “What good is the birthright to me?” But Jacob said, “Swear to me first.” So he swore an oath to him, selling his birthright to Jacob. Then Jacob gave Esau some bread and some lentil stew. He ate and drank, and then got up and left. So Esau despised his birthright.

THINK

Esau traded his future for the “now”. While He was weary and his emotions were upside down He lacked the ability to think wisely. The “now” is always more appealing than what is best. The “now” is always more tempting than what is to come.

- How would you describe your decision making skills when you are exhausted?
- How are you currently trading the future for the now?
- What do you need to do to slow down your decision making?

When we boil down the urgency of “now” we come face to face with tests in life. Tests to determine if we will be wise. Tests to determine if we will trust in God for the fulfillment of our lives. As we lean into Jesus and draw close to Him we are able to rest in the promises that He has for our future and not take control ourselves.

- What area of your life do you find it difficult to trust God?
- How can trusting in God keep you from giving to the urgency of the “now”?

PRAY

“God, when I am confronted with the urgency of the now help me to lean into you and the promises that you have. Help me trust that what you have planned is far better than what I can plan.”

ACT

This week, when you are confronted with making an impulse decision, give yourself one day to think about it. Weigh out the pros and cons, seek wisdom from someone you trust, and pray about the decision to determine if it’s something that needs to be done, or something that can wait.

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ONE CHURCH. RIGHT WHERE YOU ARE.