

BRAVE

PART 3: RESENTMENT

When moments of unfairness pile up, resentment can easily take hold.
Choose to embrace a different perspective.

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SCRIPTURE

MAIN TEXT: [GENESIS 39:3-23](#)

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THINK

- Share a moment in your life when you wanted to give up - tap out, whether it was on a friendship, a family member, a job, or even a church.
- What "That's Not Fair!" moments have you encountered while navigating a difficult relationship? How has resentment attempted to creep in?
- Joseph experienced God's presence in remarkable ways, demonstrating Divine Sovereignty. He also took ownership (Human Responsibility) by giving his best amidst difficult and unfair circumstances. How have you experienced these two realities working together in your life?
- Joseph taught a masterclass ([Genesis 39:6-12](#)) on dealing with sin. In the message, Chris emphasized three key actions that Joseph took: 1) Know your no; 2) Establish Guardrails; 3) Run. Now. How have you applied these principles in your life? What challenges have you faced?

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ENGAGE

- In the midst of the bad, mine the good. → Choose to "practice gratitude" every day. Seek out the good that God is doing in your life and the blessings He may have in store for your future. Remember, holding onto resentment keeps you looking to the past, while gratitude shifts your attention to what God wants to accomplish today.
- [Genesis 50:20](#) → Keep these words embedded in your thoughts and on your heart. Allow them to guide your path as you navigate the divide in a relationship.

P

PRAY

BRAVE

